

Ask about gluten free, dairy free, vegetarian (V), vegan (VG) options

Breakfast

Porridge	2.50	V
Buttered toast 1/2 slice	1.50/2.10	V
Beans on toast	3.20	VG
Avocado on toast 1/2 slice	3.50/5.90	VG

Sandwiches

Cream cheese & cucumber	2.50	V
Cheese and salad	3.20	V
Egg mayonnaise	3.50	V
Houmous, sundried tomato, rocket	3.95	V
Ham, cheese, salad	3.70	
Ham and salad	3.20	
Tuna mayonnaise, cucumber	3.65	
Chicken, mayonnaise & salad	3.95	

Jacket Potato with salad

Choice of one filling:	6.90	
cheese/tuna mayonnaise/houmous and sundried tomato/beans		
Extra filling	1.00	

Selection of cakes and treats

Toasted Sandwiches

Cheddar cheese	4.05	V
Ham and cheese	4.65	
Cheese and beans	4.45	V
Tuna cheese melt	4.65	
Brie, cranberry, pear	4.95	V
Goats' cheese, fig jam, ham	4.95	

Soup of the Day

4.70

Salads

Serrano:	7.50	
Serrano ham, lettuce, cherry tomato, cucumber, avocado, olives		
Green Goddess:	6.50	V
Whole avocado with mixed salad, cucumber, cherry tomatoes with toasted seeds		
Chicken and Avocado with mixed leaves and tomato	7.95	
Mediterranean Platter:	8.50	VG
Houmous, olives, feta, lettuce, cherry tomatoes, cucumber, avocado, pitta		
Roasted Mediterranean vegetable salad with harissa chickpeas	6.50	VG
Extra side salad	2.50	
Extra avocado: quarter/half/whole	0.75/1.5/3	
Extra pitta bread	1.50	

Daily and seasonal specials

Kids Menu

Beans on toast	1.90	V
Cheese/ham/jam sandwich	1.90	
Jacket potato with cheese or beans	4.20	V
Houmous and breadsticks	2.50	V
Fresh fruit pot	1.00	V

Cold drinks

Coke/Diet/Fanta 330ml	1.70
Cawston Press 330ml	2.50
Bottle Green 275ml	2.50
Still/sparking water 500ml	1.80
Juice carton	1.20
Smoothie carton	1.95
Ribena	1.40

Hot drinks

English breakfast tea	1.70
Herbal tea selection	1.70
Espresso	2.10
Cappuccino/Latte	2.95
Flat White	2.95
Americano	2.80
Instant coffee	1.70
Hot Chocolate	2.90
Babycino	0.90
Oat milk available	